



Nancy Mulligan Ed Sheeran

Level: High Intermediate (Formation)



Choreography: Michael Becker

Duration: 2:59
BPM: 102

Sequence as follows, note the variants at the end

Intro (16 beats)

Stand in front facing lines
Number Dancers from left to right alternating with 1 & 2
On beat &8 and &16: Stamp 2 times twice with your left foot

Part A

Triple Brush turn 1/4	DS DS DS BR UP/H L R L R R L &1 &2 &3 & 4	Dancer 1: Back & turn 1/4R; 2: Forw & turn 1/4L
Hard Step Split	DT(b) H BR UP/H DS(xif) BA/H UP/SL R L R R L R L R R L & 1 & 2 &3 & 4	
Triple Toe Toe	DS DS DS TCH(ib) TCH(ib) R L R L L &1 &2 &3 & 4	
Vine Loop 3/4R	DS DS(xif) DS LOOP S L R L R R &1 &2 &3 & 4	turn 3/4 R on beat 3-4

Part B

Stomp Double (Rock X in front)	STO DS DS R(xif)S L R L R L 1 &2 &3 & 4
Irish Touch	SL S SL S SL S TCH(ib) TCH(ib) L R R L L R L L & 1 & 2 & 3 & 4

Repeat Part A, all Dancers: Triple Brush *forward*, turn the Vine Loop to face front (1/4R or 3/4R)

Part C

McNamara	H(if) BA BA(xib) BA(ots) H(w/if) -turn- S
Heel Turn	L L R L R R 1/2R L 1 & 2 & 3 & 4
Slow Flange forw.	DS DS DT S(xif)/BRK S/BRK move fwd on DS R L R R L L R &1 &2 &a 3 4
Swift Heels back	DS(xib) DS(xib) BR BA(if) H H H on 3/&4 heels drop down (3 times) R L R R bt bt bt front heel moves L/R/L &1 &2 & a 3 & 4 back heel moves R/L/R
Triple	DS DS DS RS R L R LR &1 &2 &3 &4

Repeat all above once

Repeat Part B

Repeat Part B

Repeat Part A

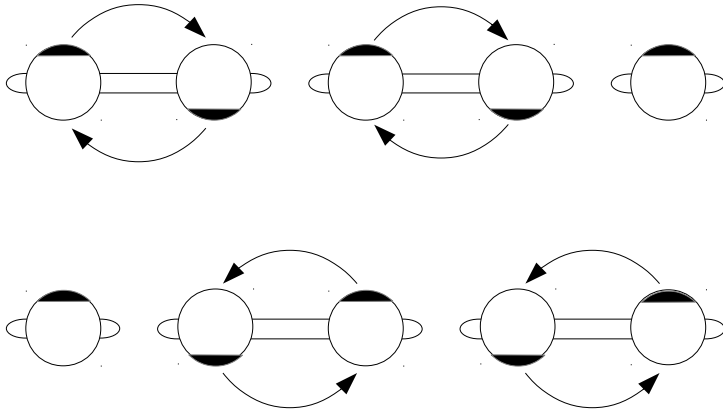
Repeat Part A, all Dancers: Triple Brush *forward*, turn the Vine Loop to front (1/4R or 3/4R)

Part C, but Dancer 2 turn the Triple half at the end → Ocean Wave Line

Part D

8 Irish Push Bucks DS T BA H BA T BA H BA T BA H BA
 wave around your L R R L L R R L L R R L L
 Neighbor R L L R R L L R R L L R R
 &1 e & a 2 e & a 3 e & a 4

- Dancer 1 puts his hands alternating on the shoulder of Dancer 2 & vice versa for one half turn, then change the hand to reach out for the next dancer
- If there is no couple dancer (at the end of the line), just dance in place and wait for the next turn
- Last (8th) Irish Push Buck turn/face front for all Dancers, including the corners!
- Style: Place the unused hand(s) on your hips
- Style: Dance the Irish Push Bucks forward with crossed feet around your couple dancer



Repeat Part A

Repeat Part A, all Dancers: Triple Brush *forward*, turn the Vine Loop to front (1/4R or 3/4R)

Repeat Part C, but Dancer 2 turn the Triple half at the end → Ocean Wave Line

Repeat Part D, last (8th) Irish Push Buck turn/face front for all Dancers

This Choreography can be danced in 2 variants, as described below:

Variant	Description	Advantage	Disadvantage
A	Each Dancer keeps the initial number (#1 or #2) throughout the whole Dance	Easier to remember and to learn for the dancers	You can only dance with lines of 4 or 8, and in the 5 th Part A, the outer dancers have to dance around a ghost (for lines of 8)
B	Each Dancer facing back at the end of Part D becomes #2, the rest becomes #1	No restrictions, i.e. any line size	More difficult for the dancers, as they have to know both parts (#1 and #2)